

**STANFORD ATHLETICS  
MEDIA RELATIONS**

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**2009  
STANFORD  
WOMEN'S GYMNASTICS**

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**2009 Schedule and Results**

Date	Opponent	Time/Result
<b>JANUARY...</b>		
2 (Sat.)	at Cancun Classic d. Oregon St., Denver, BYU	3-0
16 (Fri.)	at Seattle Quad Meet d. Washington, Sac. St., Seattle Pacific	3-0
22 (Thu.)	<b>Arizona State (B)</b>	<b>1-0</b>
30 (Fri.)	at Arizona	1-0
<b>FEBRUARY...</b>		
8 (Sun.)	<b>UC Davis (B)</b>	<b>1-0</b>
15 (Sun.)	<b>Oregon State, UC Davis (M)</b>	<b>2-0</b>
22 (Sun.)	at California	1-0
27 (Fri.)	at UC Davis, and San Jose St.	1-1
<b>MARCH...</b>		
6 (Fri.)	at Alabama	0-1
21 (Sat.)	<b>Pac-10 Championships (M)</b>	<b>3rd</b>
<b>APRIL...</b>		
4 (Sat.)	NCAA South Central Regional	2nd
16	NCAA Team Preliminaries	11 a.m.
17	NCAA Super Six	4 p.m.
18	NCAA Individual Finals	4 p.m.

*Time listed are Pacific*

(B) Burnham Pavilion

(M) Maples Pavilion

**Stanford Gymnasts Seek Third Consecutive Super Six**

*Stanford begins NCAA Championships on Thursday*

At Devaney Center, Lincoln, Neb.

**Thursday • NCAA Team Preliminaries • 11 a.m.**

**Friday • NCAA Super Six • 4 p.m.**

**Saturday • NCAA Individual Event Finals • 4 p.m.**

**This Week**

The Stanford women's gymnastics team competes this week in the NCAA Championships, having qualified for the 10th time while working toward its third consecutive Super Six appearance. On Thursday, the Cardinal participates in the team preliminaries. The top three in each of the six-team sessions advance to Friday's Super Six team final. Results of Thursday's sessions also determine the NCAA all-around champion -- with Stanford's Carly Janiga and Nicole Ourada vying for that honor -- and qualifiers for Saturday's Individual Event Championships.

**National Television Broadcast**

CBS will broadcast the NCAA Championships on a tape-delayed basis. It will be shown on May 9, at 11 a.m. PDT. Tim Brando and Olympic gold medalist Amanda Borden will call the action.

**Live Stats**

Live stats of all of the competition will be available online at [www.Huskers.com](http://www.Huskers.com) and [www.NCAA.com](http://www.NCAA.com).

**SWG Facts****General Information**

**Location:** Stanford, California

**Enrollment:** 13,198 (6,584 undergraduates)

**Founded:** 1891

**Nickname:** Cardinal

**Colors:** Cardinal and White

**Conference:** Pacific-10

**President:** John Hennessy

**Athletic Director:** Bob Bowlsby

**Coaching Staff**

**Head Coach:** Kristen Smyth, eighth year

**Career Record:** 141-42-1

**Assistant Coach:** Chris Swircek, sixth year

**Assistant Coach:** Mike Lorenzen, fourth year

**Team Information**

**2009 Record:** 21-5

**2009 Pac-10 Record:** 12-2

**2009 Ranking:** 4

**Returning first-team All-Americans:** Kelly Fee,

Carly Janiga, Nicole Ourada

**Newcomers:** 5

**Home gyms:** Maples Pavilion (5,488), Burnham Pavilion (1,200)

**NCAA Super Six:** 2002, 2004, 2007, 2008

**Pac-10 titles:** 1998, 2001, 2004, 2006, 2008

**Rotation Schedule**

The following is the rotation schedule for Thursday's afternoon session:

Rotation	Vault	Bye	Bars	Beam	Bye	Floor
1	Stanford	Penn St.	Oklahoma	LSU	Georgia	Florida
2	Florida	Stanford	Penn St.	Oklahoma	LSU	Georgia
3	Georgia	Florida	Stanford	Penn St.	Oklahoma	LSU
4	LSU	Georgia	Florida	Stanford	Penn St.	Oklahoma
5	Oklahoma	LSU	Georgia	Florida	Stanford	Penn St.
6	Penn St.	Oklahoma	LSU	Georgia	Florida	Stanford

**Team Seeding**

The following is the seeding for Thursday's afternoon session: No. 1 Georgia, No. 4 LSU, No. 5 Florida, No. 8 Oklahoma, No. 9 Stanford, No. 12 Penn State.

The seeding for Thursday's evening session: No. 2 Utah, No. 3 Alabama, No. 6 Oregon State, No. 7 UCLA, No. 10 Arkansas, No. 11 Illinois.

The top three teams in each session advance to Friday's Super Six team final.

**Stanford's Most Recent Lineup (used at NCAA South Central Regionals)**

This was the lineup Stanford used in its last meet, at the NCAA South Central Regionals. The Cardinal will begin with the vault, and continue with the bars, beam and floor.

No.	Vault	Bars	Beam	Floor
1	Blair Ryland	Kelly Fee	Heather Purnell	Shelley Alexander
2	Danielle Ikoma	Shelley Alexander	Allyse Ishino	Blair Ryland
3	Carly Janiga	Nicole Pechanec	Nicole Ourada	Nicole Pechanec
4	Nicole Ourada	Allyse Ishino	Danielle Ikoma	Carly Janiga
5	Shelley Alexander	Carly Janiga	Carly Janiga	Nicole Ourada
6	Catherine Nguyen	Nicole Ourada	Shelley Alexander	Tenaya West

## 2009 Stanford Roster

<u>Name</u>	<u>Ht.</u>	<u>Yr.</u>	<u>Hometown</u>	<u>High School</u>	<u>Club</u>
Shelley Alexander	5-2	So.	Seguin, Texas	Seguin	USA Aerial Gymnastics
Alyssa Brown	5-2	Fr.	Oakville, Ontario, Canada	Abbey Park	Gymnastics Mississauga
Stephanie Carter	5-6	Jr.	Fair Oaks, Calif.	Bella Vista	Byers Gymnastics Center
Kelly Fee	5-1	Sr.	St. Charles, Ill.	St. Charles East	Illinois Gymnastics Institute
Danielle Ikoma	4-11	So.	Naperville, Ill.	Naperville Central	Arena Gymnastics
Allyse Ishino	5-1	Jr.	Santa Ana, Calif.	Foothill	Gliders Gymnastics
Carly Janiga	4-11	Jr.	Paradise Valley, Ariz.	Saguaro	Desert Devils Gymnastics
Catherine Nguyen	5-2	Fr.	Plano, Texas	Spring Creek Academy	World Olympic Gymnastics Academy
Nicole Ourada	5-2	Sr.	Germantown, Wis.	Germantown	LaFleur's Academy of Gymnastics
Nicole Pechanec	5-5	Fr.	Phillipsburg, N.J.	Keystone National	Aiken Gymnastics/Parkettes National Center
Jenny Peter	5-4	Fr.	Lincoln, Neb.	Lincoln Southeast	Solid Rock Gymnastics
Heather Purnell	5-4	Sr.	Metcalfe, Ontario, Canada	Gloucester	Ottawa Gymnastics Club
Blair Ryland	4-11	Jr.	Woodbridge, Va.	Woodbridge Senior	Capital Gymnastics
Alexandra Skoly	5-4	Fr.	East Greenwich, R.I.	La Salle Academy	Aim High Gymnastics
Tenaya West	5-4	Jr.	Davis, Calif.	Davis	International Gymnastics Centre

### Coaching Staff

**Head Coach:** Kristen Smyth (California '93), eighth season

**Assistant Coaches:** Chris Swircek (San Jose State '93), sixth season; Mike Lorenzen (Maryland '86), fourth season

**Graduate Assistant Coach:** Liz Tricase (Stanford '08), first season; **Student Assistant Coach:** Aimee Rolston (Stanford '08), first season

### Stanford vs. Other NCAA Qualifiers

The Cardinal is 2-4 against NCAA Championship teams this season, with the following results:

<u>Date</u>	<u>Site</u>	<u>Score</u>
Jan. 2	Cancun	Stanford 195.6, Oregon State 194.575
Feb. 15	Stanford	Stanford 197.025, Oregon State 196.6
March 6	Tuscaloosa	Alabama 197.15, Stanford 196.775
March 21	Stanford	UCLA 196.725, OSU 196.55, STAN 196.525
April 4	Fayetteville	Arkansas 196.3, Stanford 196.2

Stanford faced Oregon State in an invitational, tri-meet and in the Pac-10 Championships, where the Cardinal also faced UCLA. Stanford competed against Alabama in a dual meet and Arkansas in the NCAA South Central Regional.

### Stanford's NCAA Championship History

The Cardinal has reached the NCAA Championships 10 times, all since 1992, and has qualified seven of the past 10 years. Stanford has reached the Super Six four times, all since 2002, and has advanced the past two years. Its best finish has been third, achieved in 2004 and 2008.

### Stanford in 2008 NCAA's

Stanford emerged from a third-place finish in the NCAA Preliminaries in Athens, Ga., to third place in the Super Six. Stanford crowned four All-Americans, including three first-team selections -- Tabitha Yim (all-around, uneven bars, balance beam), Nicole Ourada (beam) and Liz Tricase (bars). Yim, Ourada and Tricase each qualified for the NCAA Individual Event Finals, highlighted by Yim's fifth place on beam.

### Individual Top Finishes

By place, here are the top individual NCAA finishes by current Stanford gymnasts:

- 3rd: Nicole Ourada, beam, 2007
- 4th: Carly Janiga, all-around, 2007
- 8th: Carly Janiga, floor, 2007

### Regional Champions

Stanford gymnasts earned three individual titles at the NCAA South Central Championships in Fayetteville, Ark. Carly Janiga won the all-around (39.425), Allyse Ishino won the bars (9.9), and Nicole Ourada won the vault (9.875).

### Local Ties

Stanford has Nebraska connections. Freshman Jenny Peter is a native of Lincoln, having graduated from Lincoln Southeast High. Peter is writing a daily blog on her NCAA experiences for [gostanford.com](http://gostanford.com). Assistant coach Chris Swircek is a native of Omaha, having attended Omaha South High and was inspired as a youngster by neighbor Phil Cavoy Jr., a 1980 Olympic gymnast.

### The All-Arounders

Stanford junior Carly Janiga and senior Nicole Ourada will be competing for individual all-around honors on Thursday while attempting to lift Stanford into the Super Six. In her past two meets, Janiga has won the Pac-10 Conference and NCAA South Central Regional all-around championships. She is a three-time first-team All-American and was one of 10 elite gymnasts invited to the United States Olympic selection camp in 2004, though she ultimately did not make the team. Ourada was a relatively unknown coming into college, but has blossomed into one of the best in the country. She is a five-time All-American and has the team's highest all-around score this season (39.625).

### Returning All-Americans

Stanford boasts four All-Americans. Nicole Ourada has five such honors, earning first team on the beam (2007, 2008), and second team in the all-around (2007, 2008) and vault (2007). Carly Janiga earned three first-team honors as a freshman, in all-around, vault, and floor (2007), and was second team on the floor as a sophomore (2008). Kelly Fee captured first-team honors on the beam (2007) and Blair Ryland was second team on the vault (2007).

### Head Coach Kristen Smyth

Kristen Smyth has coached the Stanford women's gymnastics team to unprecedented success during her eight seasons. This season, she was named Pac-10 Coach of the Year for the fourth time and also has won Regional and National Coach of the Year awards. Since Smyth arrived in 2002 after spending five seasons as an assistant at Arizona State, Stanford has twice finished third in the nation and has four Super Six appearances in the past seven seasons. In all, Smyth has coached 12 gymnasts to 56 All-America honors and has coached 20 different Academic All-Americans. As an athlete, Smyth was a three-time All-American and three-time Academic All-American at Cal, and is the only gymnast in the school's Hall of Fame.

**SHELLY ALEXANDER**  
**Sophomore • Seguin, Texas**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	9.800	9.750	9.800	9.625	38.975
at Washington	9.900	--	9.825	9.800	--
Arizona State	9.800	--	9.825	9.825	--
at Arizona	9.875	9.650	9.200	9.750	38.475
UC Davis	9.875	--	9.775	9.800	--
Oregon State	9.850	--	9.850	9.850	--
at California	9.900	9.800	9.850	9.850	39.400
at UC Davis	9.850	--	8.300	--	--
at Alabama	9.875	--	--	9.750	--
Pac-10 Championships	9.925	9.825	--	9.875	--
South Central Regional	9.850	8.950	9.700	9.850	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.925	9.825	9.850	9.875	39.400

**ALYSSA BROWN**  
**Freshman • Oakville, Ontario, Canada**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	9.775	--	--	--	--
at Washington	9.800	9.775	--	--	--
Arizona State	9.775	9.875	--	--	--
at Arizona	9.875	9.750	--	--	--
UC Davis	9.875	9.825	--	--	--
Oregon State	9.800	9.725	--	--	--
at California	9.925	9.875	--	--	--
at UC Davis	9.850	9.825	--	--	--
at Alabama	9.825	9.775	--	--	--
Pac-10 Championships	--	--	--	--	--
South Central Regional	--	--	--	--	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.925	9.875	--	--	--

**STEPHANIE CARTER**  
**Junior • Fair Oaks, Calif.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	--	--	--	--	--
at Washington	--	--	--	--	--
Arizona State	--	--	--	--	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	--	--	--	--	--
at UC Davis	--	--	--	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
South Central Regional	--	--	--	--	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	--	--	--	--

**KELLY FEE**  
**Senior • St. Charles, Ill.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	--	9.825	9.775	9.775	--
at Washington	--	9.825	--	9.800	--
Arizona State	--	9.825	9.250	9.850	--
at Arizona	--	9.775	9.800	9.650	--
UC Davis	--	9.800	9.825	9.775	--
Oregon State	--	9.300	9.725	9.875	--
at California	--	9.850	9.825	9.825	--
at UC Davis	--	9.900	--	9.175	--
at Alabama	--	9.800	9.825	9.850	--
Pac-10 Championships	--	9.850	9.825	9.850	--
South Central Regional	--	9.850	--	--	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	9.900	9.825	9.875	--

**DANIELLE IKOMA**  
**Sophomore • Naperville, Ill.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	9.725	--	8.700	9.800	--
at Washington	9.725	--	9.750	9.700	--
Arizona State	9.750	--	--	--	--
at Arizona	9.800	--	--	9.800	--
UC Davis	9.750	--	--	9.850	--
Oregon State	9.725	--	--	9.800	--
at California	9.850	--	9.825	9.875	--
at UC Davis	9.775	--	9.850	9.800	--
at Alabama	9.850	--	9.800	9.725	--
Pac-10 Championships	9.825	--	9.675	9.300	--
South Central Regional	9.750	--	9.800	--	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.850	--	9.825	9.875	--

**ALLYSE ISHINO**  
**Junior • Santa Ana, Calif.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	--	9.400	9.825	--	--
at Washington	--	9.900	9.800	--	--
Arizona State	--	9.825	9.825	--	--
at Arizona	--	--	9.250	--	--
UC Davis	--	9.800	9.775	--	--
Oregon State	--	9.900	9.850	--	--
at California	--	9.900	9.900	--	--
at UC Davis	--	9.875	9.425	--	--
at Alabama	--	9.875	9.850	--	--
Pac-10 Championships	--	9.800	9.900	--	--
South Central Regional	--	9.900	9.700	--	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	9.900	9.900	--	--

**CARLY JANIGA**  
**Junior • Paradise Valley, Ariz.**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	9.825	9.900	9.825	9.725	39.275
at Washington	--	9.875	9.875	--	--
Arizona State	9.800	9.900	9.925	9.850	39.475
at Arizona	9.900	9.900	9.775	9.875	39.450
UC Davis	9.850	9.900	9.875	9.925	39.550
Oregon State	9.800	9.925	9.950	9.800	39.475
at California	--	--	--	--	--
at UC Davis	--	--	9.875	--	--
at Alabama	9.825	9.850	9.900	9.875	39.450
Pac-10 Championships	9.875	9.900	9.950	9.850	39.575
South Central Regional	9.825	9.875	9.875	9.850	39.425
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.900	9.925	9.950	9.925	39.575

**CATHERINE NGUYEN**  
**Freshman • Plano, Texas**

<u>Competition</u>	<u>Vault</u>	<u>Bars</u>	<u>Beam</u>	<u>Floor</u>	<u>AA</u>
at Cancun Classic	--	--	--	--	--
at Washington	--	--	--	--	--
Arizona State	--	--	--	--	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	--	--	9.425	--	--
at UC Davis	--	--	--	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
South Central Regional	9.525	--	--	--	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.525	--	9.425	--	--

**GRETCHEN O'HENLEY**

Sophomore • Oakland, Calif.

Competition	Vault	Bars	Beam	Floor	AA
at Cancun Classic	9.125	--	--	--	--
at Washington	9.700	--	--	--	--
Arizona State	--	--	--	--	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	--	--	--	9.150	--
at UC Davis	--	--	--	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
South Central Regional	--	--	--	--	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.700	--	--	9.150	--

**NICOLE OURADA**

Senior • Germantown, Wis.

Competition	Vault	Bars	Beam	Floor	AA
at Cancun Classic	--	--	--	--	--
at Washington	9.800	9.850	9.875	--	--
Arizona State	9.825	9.850	9.925	9.775	39.375
at Arizona	9.875	9.275	9.875	--	--
UC Davis	9.900	9.925	9.875	9.925	39.625
Oregon State	9.800	9.925	9.925	9.850	39.500
at California	--	--	--	--	--
at UC Davis	9.800	9.850	9.225	9.900	38.775
at Alabama	9.825	9.650	9.850	9.875	39.200
Pac-10 Championships	9.925	9.900	9.275	9.900	39.000
South Central Regional	9.875	9.800	9.750	9.250	38.675
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.925	9.925	9.925	9.925	39.625

**NICOLE PECHANEC**

Freshman • Phillipsburg, N.J.

Competition	Vault	Bars	Beam	Floor	AA
at Cancun Classic	--	9.775	--	9.675	--
at Washington	--	9.875	--	9.825	--
Arizona State	--	9.300	--	9.775	--
at Arizona	--	9.750	--	9.775	--
UC Davis	--	9.800	--	9.850	--
Oregon State	--	9.800	--	9.875	--
at California	--	9.800	9.900	9.925	--
at UC Davis	--	9.800	--	9.825	--
at Alabama	--	9.800	--	9.850	--
Pac-10 Championships	--	9.675	--	9.150	--
South Central Regional	--	9.700	--	9.800	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	9.875	9.900	9.925	--

**JENNY PETER**

Freshman • Lincoln, Neb.

Competition	Vault	Bars	Beam	Floor	AA
at Cancun Classic	--	--	--	--	--
at Washington	--	--	--	--	--
Arizona State	--	--	--	--	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	9.800	9.650	--	--	--
at UC Davis	9.575	9.075	--	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
South Central Regional	--	--	--	--	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.800	9.650	--	--	--

**HEATHER PURNELL**

Senior • Metcalfe, Ontario, Canada

Competition	Vault	Bars	Beam	Floor	AA
at Cancun Classic	--	9.800	9.850	--	--
at Washington	--	--	9.850	--	--
Arizona State	--	--	9.875	--	--
at Arizona	--	--	9.750	--	--
UC Davis	--	--	9.800	--	--
Oregon State	--	--	9.825	--	--
at California	--	--	--	--	--
at UC Davis	--	--	9.700	--	--
at Alabama	--	--	9.850	--	--
Pac-10 Championships	--	--	9.775	--	--
South Central Regional	--	--	9.250	--	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	9.800	9.875	--	--

**BLAIR RYLAND**

Junior • Woodbridge, Va.

Competition	Vault	Bars	Beam	Floor	AA
at Cancun Classic	9.750	--	--	9.500	--
at Washington	9.800	--	--	9.750	--
Arizona State	9.775	--	--	--	--
at Arizona	9.825	--	--	9.750	--
UC Davis	9.850	--	--	--	--
Oregon State	9.850	--	--	--	--
at California	9.825	--	--	9.875	--
at UC Davis	9.800	--	--	8.885	--
at Alabama	9.825	--	--	--	--
Pac-10 Championships	9.800	--	--	--	--
South Central Regional	9.850	--	--	9.800	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	9.850	--	--	9.875	--

**ALEXANDRA SKOLY**

Freshman • East Greenwich, R.I.

Competition	Vault	Bars	Beam	Floor	AA
at Cancun Classic	--	--	--	--	--
at Washington	--	--	--	--	--
Arizona State	--	--	--	--	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	--	--	--	--	--
at UC Davis	--	--	--	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
South Central Regional	--	--	--	--	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	--	--	--	--

**TENAYA WEST**

Sophomore • Davis, Calif.

Competition	Vault	Bars	Beam	Floor	AA
at Cancun Classic	--	--	--	--	--
at Washington	--	--	--	9.100	--
Arizona State	--	--	--	9.850	--
at Arizona	--	--	--	--	--
UC Davis	--	--	--	--	--
Oregon State	--	--	--	--	--
at California	--	--	--	--	--
at UC Davis	--	--	--	--	--
at Alabama	--	--	--	--	--
Pac-10 Championships	--	--	--	--	--
South Central Regional	--	--	--	9.800	--
NCAA Preliminaries					
NCAA Finals					
NCAA Individuals					
Season Best	--	--	--	9.850	--

2009 STANFORD WOMEN'S GYMNASTICS

TEAM SCHEDULE/RESULTS

(21-5, 12-2 Pac-10)

Date	Opponent	Score	Time/Result
Jan. 2	at Cancun Classic		W, 3-0
	Stanford	195.6	
	Oregon State	194.575	
	Denver	193.825	
	BYU	189.125	
Jan. 16	at Washington, Sacramento State, Seattle Pacific		W, 3-0
	Stanford	196.45	
	Washington	194.25	
	Sacramento State	193.55	
	Seattle Pacific	188.425	
Jan. 22	<b>Arizona State (B)</b>		<b>W, 1-0</b>
	Stanford	196.775	
	Arizona State	194.6	
Jan. 30	at Arizona		W, 1-0
	Stanford	195.575	
	Arizona	195.175	
Feb. 8	<b>UC Davis (B)</b>		<b>W, 1-0</b>
	Stanford	197.1	
	UC Davis	189.35	
Feb. 15	<b>Oregon State, UC Davis (M)</b>		<b>W, 2-0</b>
	Stanford	197.025	
	Oregon State	196.6	
	UC Davis	191.550	
Feb. 22	at California		W, 1-0
	Stanford	197.175	
	California	190.625	
Feb. 27	at UC Davis, San Jose State		W 1, L 1
	San Jose State	194.7	
	Stanford	193.95	
	UC Davis	192.7	
March 6	at Alabama		L, 0-1
	Alabama	197.150	
	Stanford	196.775	
March 21	<b>Pacific-10 Championships (M)</b>		<b>W 4, L 2</b>
	UCLA	196.725	
	Oregon State	196.550	
	Stanford	196.525	
	Washington	194.375	
	Arizona	194.325	
	Arizona State	194.000	
	California	191.750	
April 4	NCAA South Central Regional		W 4, L 1
	Arkansas	196.300	
	Stanford	196.200	
	Michigan	195.700	
	Arizona	194.350	
	Arizona State	193.900	
	Southern Utah	192.650	
April 16	NCAA Team Preliminaries		TBA
April 17	NCAA Super Six Team Finals		4 p.m.

**Bold denotes home meet**

(B) Burnham Pavilion

(M) Maples Pavilion

All times Pacific

INDIVIDUAL SEASON HIGHS

Name	Score	Meet	Date
<b>Vault</b>			
Alyssa Brown	9.925	California	Feb. 22
Shelley Alexander	9.925	Pac-10	March 21
Nicole Ourada	9.925	Pac-10	March 21
<b>Uneven Bars</b>			
Nicole Ourada	9.925	UC Davis	Feb. 8
	9.925	Oregon State/UC Davis	Feb. 15
Carly Janiga	9.925	Oregon State/UC Davis	Feb. 15
<b>Balance Beam</b>			
Carly Janiga	9.950	Oregon State/UC Davis	Feb. 15
	9.950	Pac-10	March 21
<b>Floor Exercise</b>			
Carly Janiga	9.925	UC Davis	Feb. 8
Nicole Ourada	9.925	UC Davis	Feb. 8
Nicole Pechanec	9.925	California	Feb. 22
<b>All-Around</b>			
Nicole Ourada	39.625	UC Davis	Feb. 8

TEAM EVENT SCORES

Competition	Vault	Bars	Beam	Floor	Total
at Cancun Classic	48.875	49.050	49.075	48.600	195.600
at Washington	49.025	49.325	49.225	48.875	196.450
Arizona State	48.975	49.275	49.375	49.150	196.775
at Arizona	49.350	48.825	48.450	48.950	195.575
UC Davis	49.350	49.250	49.150	49.350	197.100
Oregon State	49.100	49.275	49.400	49.250	197.025
at California	49.300	49.225	49.300	49.350	197.175
at UC Davis	49.075	49.250	48.075	47.550	193.950
at Alabama	49.200	49.100	49.275	49.200	196.775
Pac-10 Championships	49.350	49.275	49.125	48.775	196.525
South Central Regional	49.150	49.125	48.825	49.100	196.200
NCAA Preliminaries	--	--	--	--	--
NCAA Super Six	--	--	--	--	--
<b>Season Best</b>	<b>49.350</b>	<b>49.325</b>	<b>49.400</b>	<b>49.350</b>	<b>197.175</b>

TEAM SEASON HIGHS

Score	Meet	Date
<b>Vault</b>		
49.350	Arizona	Jan. 30
	Pac-10	March 21
<b>Uneven Bars</b>		
49.325	Washington	Jan. 16
<b>Balance Beam</b>		
49.400	Oregon State/UC Davis	Feb. 15
<b>Floor Exercise</b>		
49.350	UC Davis	Feb. 8
	California	Feb. 22
<b>Team Score</b>		
197.175	California	Feb. 22